



Packing List

This packing list is geared towards the 3-5 day backpacking adventures. Other adventurers can adjust based on the number of days. Base-camping adventures do not need to bring a backpacking pack.

Gear We'll be providing tents, tarps, filters, cooking equipment, utensils, etc.

Please bring (unless renting. Rental gear will be available at the trailhead):

1. **Backpacking pack (50 - 70 liters)**
2. **Compact sleeping bag.**
3. **Sleeping pad**
4. **Required:** One sturdy water bottle for 3-4 liters (**please bring to trailhead full!**)
Optional: A [Hydro Reservoir](#)
5. **Headlamp** (headlamp is much more effective than a handheld flashlight and is highly worth the investment. You can find it for \$10 [here.](#))

Clothing: prefer non-cotton, light-weight clothing. Cotton is hard to dry and can cause blisters.

1. **Hiking boots** & sandals (nice to change into at basecamp but not necessary)
2. **2 pair Underwear & Socks** - one for hiking, one for base camp (please bring long socks to prevent ticks).
3. **Hiking pants** (important for ticks and rough terrain) & **light pair of shorts**/bathing suit.
4. **Hiking shirt** and **Basecamp shirt** (yes, you only need two shirts for a 3 day hike)
5. **Rain Coat (and pants)**
6. **Fleece, long underwear, warm hat** (nights can be chilly)
7. **Hiking hat/cap**, and **Sunglasses**
8. Whatever makes you feel beautiful on Shabbat!

Accessories (We'll have plenty of soap and disinfectant, toothpaste, sunscreen, and bug spray. Best to rely on communal accessories in order to minimize pack weight.) **NO DEODORANT!**

1. **Toothbrush**
2. Lightweight towel (optional - preferable not to bring a towel rather than a heavy one.)
3. **Knife or multi-tool**
4. Optional: Light Instruments
5. **Mini Siddur, Book**